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#ManFast



Synopsis

This book is the REAL Fix for your Life! Mom and Co-parenting Specialist, Maxx, gives an honest look into her past epic fails in dating and personal co-parenting problems aka Baby Daddy Drama. Follow her Man Fast journey when she stopped dating to date HERSELF! She will help guide you on what a Man Fast is, being Fatherless, dealing with Deadbeat Dads, the NEW dating tips for Moms, and share the secrets to having a BETTER Co-parenting experience.

Book Information

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #666,610 in Books (See Top 100 in Books) #110 in [Books > Parenting & Relationships > Parenting > Single Parents](#)

Customer Reviews

This book is so related to my life, it's not even funny! Even having spoken with this woman one on one before, this book gives a greater detail on her life, how she overcame her obstacles and how I can overcome my own. I am less than halfway through it and am highly appreciative of this book. I gear towards self help books all the time but this one is one that I can actually relate to the most. Thank you Maxx for my copy! You are an amazing woman!

I really enjoyed reading this book. I can relate to a lot of things that happened with the main character from issues with her family to the men she dated and ultimately wished she hadn't. Losing herself and having to go on a "Man Fast" and reclaim her life. I think every woman can relate to something in this book and hopefully will help them grow through the drama of men and possibly enjoying a Man Fast themselves! :-)

What an amazing story. Everyone who has a child can learn tips and tricks on how to deal with baby momma or daddy drama. The story was so real it feels as though she is talking about your life. You

just have to read it to see what I am talking about. It is a page turner and you will not be disappointed.

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